


# Food Allergens and Intolerances



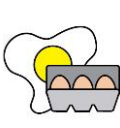
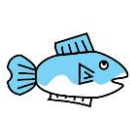







**As we use shared equipment in a busy environment,  
MAJORITY of the products MAY NOT be suitable for  
those with severe allergies.  
Thank you for your custom.**

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
1)Edamame		MC	MC		MC			MC				MC	✓	
2) Agedashi Tofu	✓ 0	✓	✓ 0	✓ 0	✓ S		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	
3)Tofu Steak	✓ 0	✓	✓ 0	✓ 0	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	
4) Horenso No Goma-Ae		MC	MC		MC			MC				✓	✓ S	
5)Chicken Gyoza	✓ 0	✓	✓ 0	✓ 0	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	✓ S
6)Ebi Gyoza	✓ 0	✓	✓	✓	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	✓ S
7)Vegetable Gyoza	✓ 0	✓	✓ 0	✓ 0	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	✓ S
8) Pumpkin Croquettes	✓ 0	✓	✓ 0	✓	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	✓ S
9) Nasu Dengaku	✓ 0	✓ 0	✓ 0	✓ 0	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓	✓	✓ S
10) Harumaki	✓ 0	✓	✓ 0	✓ 0	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	✓ S





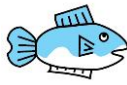
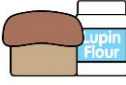








Key: ✓ = Main Ingredients contain Allergy MC = May Contain or Cross Contaminate. ✓ s = sauce ✓ o = cross contaminated oil SMC=sauce may contain

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
11) Tori Karaage	✓ 0	✓	✓ 0	✓ 0	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	✓ S
12) Ika Karaage	✓ 0	✓	✓ 0	✓ 0	✓ 0		✓ 0	✓	✓ 0	MC	MC	✓	✓	
13) Soft Shell Carb	✓ 0	✓	✓	✓ 0	✓ 0		✓ 0	✓ 0	MC	MC	MC	✓ 0	✓	✓ S
14) Chicken Lollipop	✓ 0	✓	✓ 0	✓ S	✓ 0		✓ 0	✓ 0	✓ S	MC	MC	✓ 0	✓ S	
15) Okonomiyaki Stick	✓ 0	✓	✓ 0	✓	✓		✓ 0	✓	✓ 0	MC	MC	✓	✓ 0	
<b>SPECIAL COLD APPETISERS</b>														
17) Scallop Tataki	MC	✓ S	MC	MC	MC		MC	✓	MC	MC	MC	MC	✓ S	
18) Salmon Tataki	MC	✓ S	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	✓ S
19) Tuna Tataki	MC	✓ S	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	✓ S

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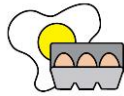






DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>SALAD</b>														
20) Tofu Salad	✓ O	✓	✓ O	✓ O	MC		✓ O	MC	✓ O	MC	MC	✓ O	✓	
21) Wakame Seaweed												✓		
22) Soba Salad	MC	✓	MC	MC	MC		MC	MC	MC	MC	MC	MC	✓ S	
23) Sushimania Salad	MC	✓ S	MC	MC	MC		MC	MC	MC	MC	MC	MC	✓ S	
24) Sashimi Salad	MC	✓ S	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	
25) Soft Shell Crab on Greens	✓ O	✓	✓	✓ O	✓ S		✓ O	MC	✓ O	MC	MC	✓ O	✓ S	
<b>TEMPURA</b>														
26) Tempura Moriawase	✓	✓	✓	✓	✓		✓	✓ O				MC	✓	

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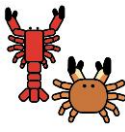
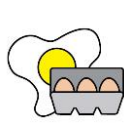
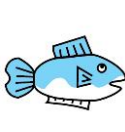






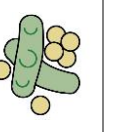

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27) Ebi Tempura	✓	✓	✓	✓	✓ 0		✓	✓ 0				MC	✓	
28) Suzuki Tempura	✓	✓	✓	✓	✓		✓	✓ 0				MC	✓	
29) Oyster Tempura	✓	✓	✓	✓	✓ 0		✓	✓				MC	✓	
30) Yasai Tempura	✓	✓	✓	✓	✓ 0		✓	✓ 0				MC	✓	
31) Sweet Potato Tempura	✓	✓	✓	✓	✓ 0		✓	✓ 0				MC	✓	
32) Aubergine Tempura	✓	✓	✓	✓	✓ 0		✓	✓ 0				MC	✓	
<b>KUSHIYAKI</b>														
33) Yakitori	MC	✓	MC	MC	MC		MC	MC				✓	✓	
34) Ebi skewers	MC	✓	✓	MC	MC		MC	MC				✓	✓	



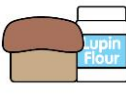





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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
35) Gyu skewers	MC	✓	MC	MC	MC		MC	MC				✓	✓	
36) Yasai skewers	✓ O	✓	✓ O	✓ O	MC		✓ O	✓ O				✓	✓	
<b>NIGIRI</b>														
41) Salmon	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
42) Tuna	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
43) Sea bass	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
44) Yellowtail	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
45) Octopus	MC	MC	MC	MC	MC		MC	✓	MC	MC	MC	MC	MC	✓
46) Cooked Prawn	MC	MC	✓	MC	MC		MC	MC	MC	MC	MC	MC	MC	MC



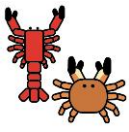
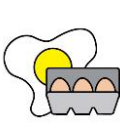
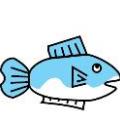
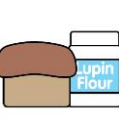






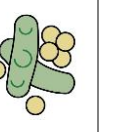

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
48) Squid	MC	MC	MC	MC	MC		MC	✓	MC	MC	MC	MC	MC	MC
49) Scallop (Seared)	MC	MC	MC	MC	MC		MC	✓	MC	MC	MC	MC	MC	MC
50) Mackerel	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
51) Surf Clam	MC	MC	MC	MC	MC		MC	✓	MC	MC	MC	MC	MC	MC
52) Grilled Eel	MC	✓	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓	MC
53) Smoked Salmon	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
54) Egg Omelette	MC	MC	MC	✓	MC		MC	MC	MC	MC	MC	MC	MC	MC
55) Shiitake mushroom	MC	✓	MC	MC	SMC		MC	MC	MC	MC	MC	MC	✓	MC
56) Inari	MC	✓	MC	MC	MC		MC	MC	MC	MC	MC	MC	✓	MC


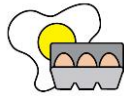
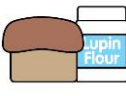




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57) Asparagus	MC	MC	MC	MC	MC		MC	MC	MC	MC	MC	MC	MC	MC
58) Aubergine	✓ 0	✓ 0	✓ 0	✓ 0	✓ 0		✓ 0	✓ 0	MC	MC	MC	✓ 0	✓ 0	MC
59) Sweet Potato	✓	✓	✓ 0	✓	✓ 0		✓	✓ 0	MC	MC	MC	MC	✓	MC
<b>GUNKAN</b>														
61) Salmon Roe	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
62) Flying Fish Roe	MC	✓	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓	MC
63) Spicy Tuna	MC	SMC	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>HOSOMAKI</b>														
71) Salmon	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
72) Spicy Salmon	MC	SMC	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC
73) Tuna	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
74) Spicy Tuna	MC	SMC	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC
75) Yellow pickles	MC	MC	MC	MC	MC		MC	MC	MC	MC	MC	MC	MC	MC
76) Cucumber	MC	MC	MC	MC	MC		MC	MC	MC	MC	MC	MC	MC	MC
77) Asparagus	MC	MC	MC	MC	MC		MC	MC	MC	MC	MC	MC	MC	MC
78) Avocado	MC	MC	MC	MC	MC		MC	MC	MC	MC	MC	MC	MC	MC
79) Shiitake Mushroom	MC	MC	MC	MC	SMC		MC	MC	MC	MC	MC	MC	✓	MC




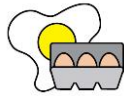

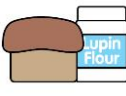








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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
80) Kimchi	MC	MC	✓	MC	✓		MC	MC	MC	MC	MC	MC	✓	MC
<b>URAMAKI</b>														
81) Salmon & Avocado	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
82) Spicy Salmon & Cucumber	MC	SMC	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC
83) Tuna & Avocado	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
84) Spicy Tuna & Cucumber	MC	SMC	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC
85) Prawn Katsu & Avocado	✓ O	✓	✓	✓ O	✓		✓ O	✓ O	✓ O	MC	MC	✓ O	✓	MC
86) Crispy Duck & Cucumber	✓ O	✓ S	MC	✓ O	✓ O		✓ O	✓ O	✓ O	MC	MC	✓ O	✓ O	MC
87) Smoked Salmon & Avo	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
88) Smoked Salmon & Asp	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
89) Salmon Skin & Cucumber	✓ O	✓	✓ O	✓ O	✓		✓ O	✓ O	✓ O	MC	MC	✓ O	✓	MC
90) Spicy Scallop & Cucumber	MC	✓	MC	MC	✓		MC	✓	MC	MC	MC	MC	✓	MC
91) Veg garden Roll	MC	✓	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓	MC
92) Salmon teriyaki	MC	✓ S	MC	MC	✓		MC	MC	MC	MC	MC	✓ S	✓ S	MC
93) Rock & roll	✓	✓	✓	✓	✓		✓	✓ O	✓ O	MC	MC	✓ O	✓	MC
94) Chicken Katsu Roll	✓ O	✓	✓ O	✓ O	✓ O		✓ O	✓ O	✓ O	MC	MC	✓	✓ O	✓ S
95) Kimchi	MC	MC	✓	MC	✓		MC	MC	MC	MC	MC	MC	✓	MC

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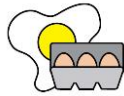
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>FUTOMAKI</b>														
101) California Roll	MC	✓	✓	✓	✓		MC	MC	MC	MC	MC	MC	✓	MC
102) Salmon & Avocado	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
103) Phoenix Roll	✓	✓	✓	✓	✓		✓	✓ O	MC	MC	MC	MC	✓	MC
104) Veg California Roll	MC	MC	MC	MC	MC		MC	MC	MC	MC	MC	MC	✓	MC
105) Sweet Potato Roll	✓	✓	✓ O	✓	✓ O		✓	✓ O	MC	MC	MC	MC	✓	MC
<b>SIGNATURE ROLL</b>														
501) Seaweed Roll	MC	✓ S	MC	✓ S	MC		MC	MC	✓ S	MC	MC	✓	✓	MC
502) Crunchy Salmon Roll	MC	✓ S	MC	✓ S	✓		MC	MC	✓ S	MC	MC	✓	✓ S	MC

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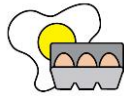
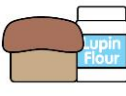

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
503) Cooked Salmon	MC	✓ S	MC	MC	✓		✓ S	MC	MC	MC	MC	✓	✓ S	MC
504) Cream Cheese Smoked Salmon	MC	MC	MC	MC	✓		✓ S	MC	MC	MC	MC	MC	MC	MC
505) Cook Prawn Avo Roll	✓	✓	✓	✓	MC		MC	MC	✓ S	MC	MC	✓	✓	MC
506) Wasabi Prawn Roll	✓ O	✓	✓	✓ S	✓ O		✓ O	✓ O	✓ O	MC	MC	✓ O	✓ O	✓ S
507) Spicy Dragon	✓	✓	✓	✓	✓		✓	MC	MC	MC	MC	✓	✓	MC
508) Rainbow Roll	MC	✓ S	MC	✓	✓		MC	MC	✓ S	MC	MC	✓	✓	MC
509) Jumbo Dragon	✓ O	✓ S	✓	✓ S	✓		✓	MC	✓ S	MC	MC	✓	✓	MC
510) Dynamite Spider Roll	✓ O	✓ S	✓	✓	✓ O		✓ O	✓ O	✓ O	MC	MC	✓ O	✓ O	MC




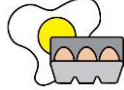

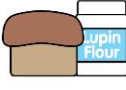








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<b>TEMAKI</b>														
110) Chicken Katsu	✓ O	✓	✓ O	✓ S	MC		✓ O	✓ O	✓ O	MC	MC	✓ O	✓ O	MC
111) Salmon Avocado	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
112)Spicy Salmon & Cucumber	MC	✓ S	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC
113) Tuna Avocado	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
114) Spicy Tuna & Cucumber	MC	✓ S	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC
115) Grilled Eel & Cucumber	MC	✓ S	MC	MC	✓		MC	MC	MC	MC	MC	MC	✓ S	MC
116)Soft Shell Crab	✓ O	✓	✓	✓	✓ O		✓ O	✓ O	✓ O	MC	MC	✓ O	✓ O	MC
117) Crispy Duck	✓ O	✓ O	✓ O	✓ O	✓ O		✓ O	✓ O	✓ O	MC	MC	✓ O	✓ O	MC
118)Prawn Katsu	✓ O	✓	✓	✓ O	✓ O		✓ O	✓ O	✓ O	MC	MC	✓ O	✓	MC




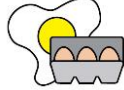

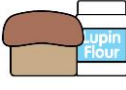








## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
119)California	MC	✓	✓	✓	✓		MC	MC	MC	MC	MC	MC	✓	MC
120) Teriyaki Grilled Salmon	✓ O	✓ O	✓ O	✓ O	✓		✓ O	✓ O	✓ O	MC	MC	✓ O	✓ O	MC
121) Spicy Scallop & Cucumber	MC	✓ S	✓	MC	MC		MC	✓	MC	MC	MC	MC	✓ S	MC
122)Prawn Tempura	✓	✓	✓	✓	✓ O		✓	✓ O	MC	MC	MC	✓	✓	MC
123)Vegetarian	MC	MC	MC	MC	MC		MC	MC	MC	MC	MC	MC	✓	MC
<b>SASHIMI</b>														
131)Salmon	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
132)Tuna	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
133)Sea bass	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
134)Yellowtail	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	MC	MC	MC
135)Octopus	MC	MC	MC	MC	MC		MC	✓	MC	MC	MC	MC	MC	✓
137)Scallops (Seared)	MC	MC	MC	MC	MC		MC	✓	MC	MC	MC	MC	MC	MC
138)Surf Clam	MC	MC	MC	MC	MC		MC	✓	MC	MC	MC	MC	MC	MC
<b>SIDE ORDER</b>														
161) Miso Soup		✓			✓		✓					MC	✓	
162) Prawn Katsu	✓ 0	✓	✓	✓ 0	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓	
163) Yasai Itame		MC	MC	MC	MC			MC				MC	MC	

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA




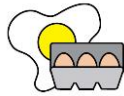

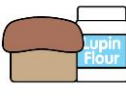








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
164) Steamed Rice												✓		
165) Garlic fried rice		MC	MC	✓	MC			MC				✓	✓	
167) Kimchi			✓		✓							MC	✓	
168) Kimchi Fried Rice		✓	✓	✓	✓			MC				MC	✓	
169) Sumibi Tebayaki	✓ O	✓	✓ O	✓	✓ O		✓	✓ O	✓ O	MC	MC	✓	✓ O	
170) Sesame Chicken Wings	✓ O	✓	✓ O	✓	✓ O		✓	✓ O	✓ O	MC	MC	✓	✓	
171) Salmon Teriyaki		✓ S	MC		✓			MC				✓	✓	
172) Chicken Teriyaki		✓ S	MC		MC			MC				✓	✓	
173) Scallop Teriyaki		✓ S	MC		MC			✓				✓	✓	

Key: ✓ = Main Ingredients contain Allergy MC = May Contain or Cross Contaminate. ✓ s = sauce ✓ o = cross contaminated oil SMC=sauce may contain

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
175) Sweet Black Cod		✓	MC	✓ S	✓			MC				MC	✓ S	
176)Spicy Black Cod		✓	MC	✓ S	✓			MC				MC	✓ S	
178) Tonkatsu	✓ 0	✓	✓ 0	✓	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓ 0	
179) Chicken Katsu	✓ 0	✓	✓ 0	✓	✓ 0		✓ 0	✓ 0	✓ 0	MC	MC	✓ 0	✓ 0	
<b>TEMPURA NOODLES</b>														
181) Tempura Zaru soba	✓	✓	✓	✓	✓		✓	✓ 0				MC	✓	
182) Tempura Soba	✓	✓	✓	✓	✓		✓	✓ 0				MC	✓	
183) Tempura Udon	✓	✓	✓	✓	✓		✓	✓ 0				MC	✓	

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA




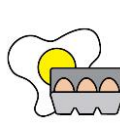
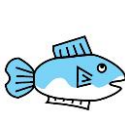




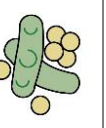

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>SOYA RAMEN NOODLES</b>														
1841) Soya Ramen Chicken		✓	MC	✓	✓			MC				✓	✓	
1842) Soya Ramen Cha Siu	✓	✓	MC	✓	✓		✓	MC	✓			✓	✓	✓
1843) Soya Ramen Beef		✓	MC	✓	✓			MC				✓	✓	
1844) Soya Ramen Seafood		✓	✓	✓	✓			✓				✓	✓	
1845) Soya Ramen Veg		✓	MC	✓	✓			MC				✓	✓	
<b>MISO RAMEN NOODLES</b>														
1851) Miso Ramen Chicken		✓	MC	✓	✓		✓	MC				✓	✓	
1852) Miso Ramen Cha Siu	✓	✓	MC	✓	✓		✓	MC	✓			✓	✓	✓

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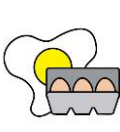
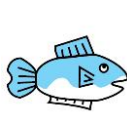








## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
1853) Miso Ramen Beef		✓	MC	✓	✓		✓	MC				✓	✓	
1854) Miso Ramen Seafood		✓	✓	✓	✓		✓	✓				✓	✓	
1855) Miso Ramen Veg		✓	MC	✓	✓		✓	MC				✓	✓	
<b>SOYA UDON NOODLES</b>														
1861)Soya Udon Chicken		✓	MC		✓			MC				✓	✓	
1862) Soya Udon Cha Siu	✓	✓	MC	✓	✓		✓	MC	✓			✓	✓	✓
1863) Soya Udon Beef		✓	MC		✓			MC				✓	✓	
1864) Soya Udon Prawn tempura	✓	✓	✓	✓ o	✓		✓	MC				✓	✓	
1865) Soya Udon Seafood		✓	✓		✓			✓				✓	✓	



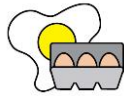


## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
1866) Soya Udon Veg		✓	MC		✓			MC				✓	✓	
<b>SOYA SOBA NOODLES</b>														
1871)Soya Soba Chicken		✓	MC		✓			MC				✓	✓	
1872) Soya Soba Cha Siu	✓	✓	MC	✓	✓		✓	MC	✓			✓	✓	✓
1873) Soya Soba Beef		✓	MC		✓			MC				✓	✓	
1874) Soya Soba Prawn tempura	✓	✓	✓	✓ o	✓		✓	MC				✓	✓	
1875) Soya Soba Seafood		✓	✓		✓			✓				✓	✓	
1876) Soya Soba Veg		✓	MC		✓			MC				✓	✓	





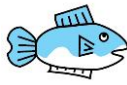
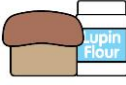








## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>YAKI UDON</b>														
1881)Yaki Udon Beef	✓ S	✓	MC	MC	MC			MC				✓	✓	
1882) Yaki Udon Chicken	✓ S	✓	MC	MC	MC			MC				✓	✓	
1883) Yaki Udon Prawns	✓ S	✓	✓	MC	MC			MC				✓	✓	
1884) Yaki Udon Veg	✓ S	✓	MC	MC	MC			MC				✓	✓	
<b>YAKI SOBA</b>														
1891)Yaki Soba Beef	✓ S	✓	MC	MC	MC			MC				✓	✓	
1892) Yaki Soba Chicken	✓ S	✓	MC	MC	MC			MC				✓	✓	
1893) Yaki Soba Prawns	✓ S	✓	✓	MC	MC			MC				✓	✓	

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA


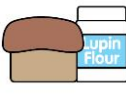


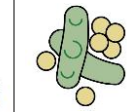

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
1894) Yaki Soba Veg	✓ S	✓	MC	MC	MC			MC				✓	✓	
<b>DONBURI</b>														
191) Chicken Katsu curry	✓ S	✓	✓ O	✓ O	✓ O		✓ O	✓ O	✓ S	MC	MC	✓ O	✓	
192) Pork Katsu Curry	✓ S	✓	✓ O	✓ O	✓ O		✓ O	✓ O	✓ S	MC	MC	✓ O	✓	
193) Prawn Katsu Curry Don	✓ S	✓	✓	✓ O	✓ O		✓ O	✓ O	✓ S	MC	MC	✓ O	✓	
194) Karaage Chicken Katsu Curry Don	✓ S	✓	✓ O	✓ O	✓ O		✓ O	✓ O	✓ S	MC	MC	✓ O	✓	
195) Tofu Katsu Curry Don	✓ S	✓	✓ O	✓ O	✓ O		✓ O	✓ O	✓ S	MC	MC	✓ O	✓	
196) Pumpkin Katsu Curry Don	✓ S	✓	✓ O	✓ O	✓ O		✓ O	✓ O	✓ S	MC	MC	✓ O	✓	
197) Beef Curry Don	✓ S	✓	MC				SMC		✓ S			✓	✓	

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
198) Veg Curry Don	✓ S	✓	MC				SMC	MC	✓ S			MC	✓	
199) Chicken Teriyaki Don		✓	MC		MC			MC				✓	✓	
200) Salmon Teriyaki Don		✓	MC		✓			MC				✓	✓	
201) Duck Teriyaki Don	✓ O	✓	✓ O	✓ O	✓		✓ O	✓ O	✓ O	MC	MC	✓ O	✓	
202) Ten Don	✓	✓	✓	✓	✓ O		✓	✓ O				MC	✓	
203) Unagi Don		✓	MC		✓			MC				MC	✓	
204) Oyako Don		✓	MC	✓	✓			MC				MC	✓	
205) Katsu Don	✓ O	✓	✓ O	✓	✓		✓ O	✓ O	✓ O	MC	MC	✓ O	✓	
206) Chicken Katsu Don	✓ O	✓	✓ O	✓	✓		✓ O	✓ O	✓ O	MC	MC	✓ O	✓	
207) Prawn Katsu Don	✓ O	✓	✓	✓	✓		✓ O	✓ O	✓ O	MC	MC	✓ O	✓	





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## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA





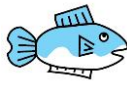
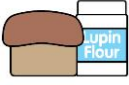








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
208) Kimchi Cha Siu Don	✓	✓	✓	✓	✓		✓	MC	✓			✓	✓	✓
209) Salmon Don	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	✓	MC	MC
210) Tuna Don	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	✓	MC	MC
211) Chirashi Don	MC	MC	MC	MC	✓		MC	MC	MC	MC	MC	✓	MC	MC
212) Gyu Don		✓	MC	✓	✓			MC				✓	✓	
<b>DORAYAKI</b>														
301) Anko (Red Bean) Dorayaki		✓		✓										
302) Matcha Custard Dorayaki		✓		✓			✓							
303) Lemon Cheesecake Dorayaki		✓		✓			✓						✓	

Key: ✓ = Main Ingredients contain Allergy MC = May Contain or Cross Contaminate. ✓s = sauce ✓o = cross contaminated oil SMC=sauce may contain

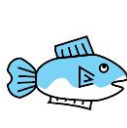




## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
304) Sesame Dorayaki		✓		✓			✓					✓	✓	
305) Chocolate Dorayaki		✓		✓			✓						✓	
<b>ICE CREAM</b>														
306) Yuzu Ice Cream							✓							
307) Chocolate & Wasabi I/Cream							✓		✓				✓	
308) Lychee Ice Cream							✓							
309) Green Tea I/cream							✓							
310) Black Sesame Ice Cream							✓					✓		

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>MOCHI</b>														
311)Mango Mochi		✓		✓			✓			✓	✓	✓	✓	
312)Salted Caramel Mochi		✓		✓			✓			✓	✓	✓	✓	
313) Passion Fruit Mochi							✓			✓	✓	✓	✓	
314) Coconut Mochi		✓					✓			✓	✓	✓	✓	
<b>Others</b>														
Teriyaki Sauce		✓										✓	✓	
Tonkatsu Sauce	✓	✓										MC	✓	
Eel Sauce		✓										MC	✓	




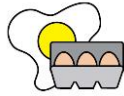
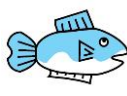
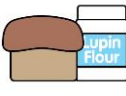







## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Curry Sauce	✓	✓					✓		✓			MC	✓	
Mayo				✓					MC					
Spicy Sauce		✓										MC	✓	
Hoi Sin Sauce (Plum sauce)		✓									MC	MC	✓	
Salad dressing		✓										MC	✓	
Dashi / tempura / donburi sauce		✓			✓							MC	✓	
Wasabi				✓					✓			MC		✓
Soy sauce		✓											✓	
Spicy Mayo				✓					MC			MC	MC	
Chilli Powder												✓		

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sweet Chilli sauce														✓
Sweet Miso Sauce				✓								MC	✓	
Gyoza Sauce		✓										MC	✓	✓
Nasu Sauce												MC	✓	
Ponzu Sauce		✓										MC	✓	✓
Horenso Sauce												✓	✓	
Yaki Udon / Soba Sauce	✓	✓										MC	✓	
Soya Soup base (Noodle)		✓			✓							MC	✓	
Miso Soup base (Noodle)		✓			✓		✓					MC	✓	

## DISHES AND THEIR ALLERGEN CONTENT - SUSHIMANIA

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Special Sauce (Soft Shell Crab)		✓										MC	✓	✓
Sushi Mushroom		✓										MC	✓	
Sesame Sauce		✓									✓	✓	✓	
Char Siu (Pork Belly)														
<b>NOODLES</b>														
Ramen		✓	MC	✓	MC			MC				MC		
ALL Soba		✓	MC		MC			MC				MC		
ALL Udon		✓	MC		MC			MC				MC		